

# NEWSLETTER

The welcome back to pre-school edition

### A word from our Chair:

Hello everyone!

Welcome to the first newsletter of the 2021-2022 year, and a special welcome to all the new children, parents and carers who have started this term.

I hope all your children have settled in well and have loads of exciting stories to tell when they get home!

The pre-school is a committee-led school which means it is run by a group of volunteer parents and carers. We are always in need of committee members to help with fundraising, and ultimately run the preschool so anyone who would like to join please email or speak with staff. We have monthly meetings and an annual AGM and would really welcome any time you are able to give and you get a great insight into how the preschool is run.

I am the Chair for the pre-school and have been so for the last few years. And I am also a student social worker in Children's Services with two children who are now at the primary school. And, although not often visible at the pre-school, I am always contactable if needed. I am supported by an amazing committee and we have a wonderful time raising money for the pre-school. The next event is the Yelvertoft Pumpkin Festival which should be a fun event for children, parents and the local community.

If you have any questions about the pre-school or joining the committee, please email me: Sophiewebb7@hotmail.com

Thank you, Sophie

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Registered Charity No. 1024632



#### **COVID-19 UPDATE**

Due to the ongoing coronavirus situation, we at Yelvertoft Pre-School are following government guidelines. If your child has a high temperature, a continuous cough, or a loss of taste and smell please keep your child at home.

Children and staff will be sent home if displaying ANY symptoms of Covid. Under Government guidelines, children/staff will then need to get a PCR test and only return to the setting if the result is negative.

We recognise the challenges around this. Thank you for understanding!



#### HEALTHY EATING

We realise that trying to get your children to eat healthy lunches can sometimes be a bit of a struggle. But we also know that eating healthily provides children with the energy to run, play and learn.

If you are looking for some ideas we would recommend visiting the NHS Change-4-life website, which is full of great ideas.



#### TIME TO RELAX

This term we plan on doing lots of yoga and mindfulness activities. At each developmental stage yoga and mindfulness can be a useful tool for decreasing anxiety and promoting happiness.

And also giving the children time to relax, understand emotions and develop a sense of self.



#### WATER BOTTLES

Please can you ensure only water is put in children's water bottles. We also have milk at snack time.



COME RAIN OR SHINE!

As you know the weather can be very changeable at this time of year.

Please can you ensure that children have appropriate clothing and outdoor clothing for the weather.



#### DATES FOR THE DIARY:

Friday 3rd September Term starts Friday 22nd October Term ends

#### Monday 1st November Term starts Friday 17th December Term ends

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Wednesday 5th January Term starts Friday 11th February Term ends

Monday 21st February Term starts Friday 1st April Term ends

Tuesday 19th April Term starts Friday 27th May Term ends

Tuesday 7th June Term starts Thursday 21st July Term ends



Sunday 31st October The Yelvertoft Pumpkin Festival 10am to 3pm

## USEFUL INFORMATION

#### **OPENING TIMES**

| Monday:    | 9am-3pm |
|------------|---------|
| Tuesday:   | 9am-3pm |
| Wednesday: | 9am-3pm |
| Thursday:  | 9am-3pm |
| Friday:    | 9am-3pm |

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Come find us on Facebook and Instagam and leave us a recomendation.

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